



Improving Leadership and Managing Conflict Using True Colors

Each of us has our own style preferences and ways of working. So how can we all work better together? This course will help participants explore their own and other's distinctive temperament strengths and stressors using **True Colors®**. You learn to respect and appreciate differences in the way people function. You also learn to better understand relationship building to manage conflict, effectively communicate and build stronger teams.

Key Benefits of This Course

- Identify your True Colors® Color Spectrum of personality traits and thinking preferences
- Build understanding and rapport with diverse groups
- Recognize values, motivations, joys, strengths, stressors and frustrations of the four temperaments
- Learn how to develop positive self-esteem in self and others
- Understand how to build the stronger teams
- Understand better ways to communicate and relate

This will be a very fun, interactive and hands-on course. Questions, examples and group discussions will be an integral part of learning during this session. Worksheets and other resources will be provided to all participants.

BOOK NOW

3-4 hour session
In Person or Online

For more info, contact Jeanne Dau at: (217) 549-2564
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